ABSTRACT OF THE DISCLOSURE

A workstation (100) has a motor-driven, height-adjustable back work surface (102), an independently adjustable front work surface (104), optionally dimmable work lights (114, 116), free-standing fans (118), and heated floor pad (120). The fans are pivotable and free-standing units that may be positioned to provide optimal comfort. The motor drives, work lights, fans, and heated floor pad connect to central control box (150), and a single point user interface (130) is operatively connected to allow the user to controlling all of these devices from a single device. One or more digital displays (137, 139) may be provided to indicate the work surface elevations. An optional activity sensor (122) may be provided to power down the lights, fans and heater when the workstation is not in use.

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